



HISTORY FORM

TODAY'S DATE:

Name: _____ Date of
Birth: ____/____/____ Age: ____ Male: ____ Female: ____

Address: _____ City: _____ State: _____ Zip: _____

Cell Phone#: _____ Home Phone: _____ Email: _____

PLEASE DESCRIBE YOUR MAIN REASON FOR THIS APPOINTMENT

Is the reason for your visit related to: ____ Auto accident ____ Work Injury ____ Neither

Briefly describe your symptoms: _____

When did your symptoms begin? _____

Is your condition getting worse? ____ Yes ____ No

Have you had this condition in the past? ____ Yes ____ No

Is your discomfort: ____ Constant ____ Frequent ____ Occasional ____ Intermittent

Have you seen other doctors for these conditions? ____ Yes ____ No

(If yes please list) _____

Please mark areas of pain on the figures

What helps relieve your symptoms? _____

What activities aggravate your condition? _____

How much have your symptoms interfered with your daily activities (circle a number)

no effect 0 1 2 3 4 5 6 7 8 9 10 no possible activities

Rate your average pain intensity from your primary symptom.

no pain 0 1 2 3 4 5 6 7 8 9 10 worst pain

Describe the nature of your symptoms: ____ Sharp ____ Dull ____ Numb ____ Burning ____ Shooting ____ Tingling
____ Stabbing ____ Throbbing ____ Radiating ____ Tightness ____ Other

Have you experienced any accident or falls in the past: ____ Year ____ 5 Years ____ Never

In general, would you say your overall health right now is : ____ Excellent ____ Very good ____ Good ____ Fair ____ Poor

How does this condition interfere with your life and ability to function? _____

